

Roland Park – After School Clubs 2019 Fall Session



Enrollment in Professional Vendor and Teacher-led Clubs

Fall Session: August 19, 2019 – October 25, 2019

Winter Session: November 11, 2019 – February 7, 2020

Spring Session: February 24, 2020 – May 8, 2020

PTSA (Professional Vendor) Clubs – Enroll and renew club payments on the PTSA website at www.RolandParkPTSA.org. Select the Clubs-Registration option, choose the clubs to be placed in your shopping cart, then check out and pay for selections with PayPal, credit card, or check to 'Roland Park PTSA'. There is no transaction fee if paying by check.

Running Club and Encore Dance Crew (teacher-led clubs) – To enroll in these you must have a completed teacher club paper form (on the clubs page of rolandparkptsa.org), and send it with a check made out to 'Roland Park K-8' the school office. Your child will be enrolled in club once the form and payment have been received. (Run club and Encore Dance will **NOT** be available to register & pay online)

Important Information

- ❖ **ENROLLMENT:** Students must be registered for their club online during the registration period in order for them to attend for safety reasons. Students not registered will be dismissed to HOST or car line when club begins.
- ❖ **PICK UP:** Clubs are released at 4:45 (3:45 on Mondays due to early release). The students enrolled in HOST will go to the MPR, all other students are to be picked up in the car rider's line. Students must be picked up on time as we have not included extra fees to cover instructor's time waiting. Students not picked up on time will be taken to HOST. Repeated late pickups will result in non-refunded withdrawal from the club.
- ❖ **PAYMENT:** Payment for professional vendor clubs is due directly to 'Roland Park PTSA' via check, money order, or Paypal on www.RolandParkPTSA.org by the registration deadline or late fees may be imposed. Run Club and Encore Dance Crew needs the teacher club form and payment made out to 'Roland Park' to front office by the deadline.
- ❖ **TIME & LOCATION:** All students will meet in the Gym at dismissal, the instructor will meet and escort them to the meeting room. Clubs will be held on Monday from 2:30-3:45pm, and Tuesday thru Friday from 3:30pm to 4:45pm, unless otherwise noted below.
- ❖ **CAPACITY:** Some clubs have a maximum of students that can be enrolled, with returning students having priority.
- ❖ **CANCELLATION:** If there is not enough participation in a club, the instructor has the decision to continue or cancel. We will advise promptly in the event of a cancellation, so please make sure you provide updated contact email/info.
- ❖ **BEHAVIOR:** Only acceptable school behavior is permitted. Anything less will result in removal from the club.
- ❖ **SNACKS:** Snacks will not be provided. If you wish for your child to have a snack before club, please pack one.

Club Descriptions

All clubs listed below will take place after school unless otherwise noted.

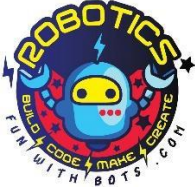
MONDAY



Cheer Dance (Grades 1 – 5) with Miss Miranda of South Tampa Center for the Arts

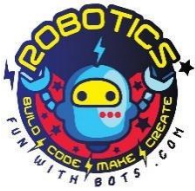
In this high energy class, students will learn the fundamentals of cheerleading along with Hip Hop dance techniques including hip hop styles and body movements. By the end of the session, the students will know the proper arm placements, a few sideline dances, and an entire cheer and dance routine. Fee is \$140.

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Robotics Club (Grades 3 – 8) with Fun with Bots coaches Shauna Shaw & Michael Eastman

The Robotics Club offers an opportunity for students to learn teamwork, engineering skills, programming, problem solving, and critical thinking skills all while having fun and learning STEM (Science, Technology, Engineering, and Math) concepts! Club members will use LEGO MINDSTORMS and other robotics tools to build robots and machines, program them to perform specific tasks, troubleshoot problems, and refine their strategies in a variety of practical challenges. Fee is \$150.



Junior Robotics Club (Grades 1 – 2) with Fun with Bots coaches Shauna Shaw & M. Eastman

A hands-on program designed to capture young children's inherent curiosity and direct it toward discovering the possibilities of improving the world around them. We will be utilizing the LEGO® Education We-Do Robotics Construction Set. This wonderful introduction to robotics takes kids past simply building and into writing programs to bring their machine and robotic creations to life. Fee is \$150.



FIRST LEGO League Robotics Team (Grades 1-3, 4-8 *) Led by Fun with Bots Robotics Instructors

Roland Park Robotics teams will be formed for grade 1-3, and for grade 4-8 if enough interest*, for those who qualify. We will solve robotics missions using Lego® Mindstorms robots, devise our own solution to a problem and compete at FLL tournaments. Parents will share the expenses of registering the team and any fees associated with tournaments and/or presentations. Speak to one of the coaches for further information. Requires commitment to Robotics Club and Team through the second club session. This club meets for an additional hour beyond robotics club on Mondays. Application for the team will take place in September, after club begins, and will be communicated from the instructor to robotics club families then. Additional fees to cover coaching and tournament expenses, final pricing will be determined once teams are formed. For grade 4-8, This is one of two Robotics team opportunities at Roland Park.



Girls' Leadership (Grades 6 – 8) with Girls with Confidence

Girls' Leadership Program meets once per month for the entire school year, Dates: 9/23, 10/21, 11/18, 12/9, 1/13, 2/10, 3/23, 4/27, Time: 2:30- 4:00 pm. A program for MYP young ladies (6th-8th) that will help develop strong leadership abilities, empower them to make positive decisions, educate them on the importance of giving back and help the girls learn life skills. This year will cover new topics. We will work on different creative art projects along with group discussions on the following weekly topics such as Being a Leader, Positive Friendships, Social Media, Managing Emotions & Stress, Confident Communication, Body Image, Goal Setting, Being Happy & Celebrating You. Fee is \$125. More info can be found at <http://www.girlswithconfidence.com/>

TUESDAY



Fit Kids Club - (Grades 1-6) with Chris Vincent of Fit Kids Tampa

FitKids is a physical activity program designed to build strength and confidence in a fun and supportive environment. The class will include obstacle courses, fitness games, track & field, and yoga. These activities are designed to pair fun with fitness. Taught by a certified personal trainer, participants can develop increased physical awareness, strength, agility, focus and consistency, and develop a foundation for a lifetime of exercise, with or without sports. Fee is \$119.

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Chess Club – Older Students (Grades 3 – 8) with Professional Chess Master Corey Acor

Chess club offers students the chance to have fun playing with friends while also increasing their critical thinking capabilities. All skill levels are welcome even if you have never played chess before! Sessions will include basic chess strategy training. Fee is \$100.



Confident Girls (Grades K – 5) with Girls with Confidence

This club helps young girls (K-5th) develop a strong acceptance of themselves, to embrace their uniqueness and learn life skills on developing positive relationships. It is back this year with new topic areas covering friendship issues and learning support other girls. Sessions include group discussion on the topic of the week, play interactive games/activities, and make a related craft to take home. Each week we will cover one of the following topics: making confident friendships, dealing with exclusion, managing bullying, express yourself, filling your bucket, girls supporting girls, celebrating diversity, and managing anxiety and stress. Fee is \$125. More info can be found at <http://www.girlswithconfidence.com/>

WEDNESDAY



Technology Club, Featuring Web Site Design (Grades 3 – 8) MORNING CLUB with Arthur Alton, Software Developer – MORNING CLUB

In this hands on technology club, led by teacher, chess coach, and software developer Arthur Alton, students will learn to build their own web page (HTML) with text, links, images, tables, and forms; Use style sheets (CSS) for colors, backgrounds, formatting text, page layout; Learn about HTML5 elements, APIs, and CSS3; Make pages display well on mobile devices by creating a responsive web design; and Learn how JavaScript works—and why the language is so important in web design. Roland Park's PC lab will be used. Fee is \$120. **This is a morning club 7:15-8:15 AM on Wednesdays.**



Martial Arts (Grades 2 – 8) with Emiliano Cardona and the instructors of Gracie Martial Arts

Experienced Gracie Jiu Jitsu certified instructors will bring the martial arts experience to Roland Park. Most martial arts programs rely on striking the attacker with violent punches, kicks, knees, and elbows, but in the Gracie Bullyproof program we take a different approach. All the techniques are purely defensive and utilize no strikes. Furthermore, we teach children how to defuse confrontations with words and never to initiate physical aggression. If attacked, we offer techniques to non-violently neutralize the threat and gain control until help arrives. We teach the children how to fight fire with water so that you never have to worry about your child becoming a bully under our guidance. Fee is \$150.



Running Club (Grades 1 – 5) Taught by Ms. Christy Ferlita ** TEACHER LED CLUB **

Students from grades 1-5 will learn to earn prize feet for each mile that they finish, along with healthy eating habits, proper form and being part of an elite group of students who will also participate in running races outside of school. To register: **Click on the Run Club link on the clubs section of the PTSA web site, or see the front office for form and registration information.** Fee is \$65 for 10 weeks. This club meets at dismissal at the P.E. field.

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Competitive Chess Club (Grades 3 – 8) with Professional Chess Master Corey Acor

Competitive chess club will include more advanced lessons and training matches. Members are expected to represent Roland Park at chess tournaments. Fee is \$150

THURSDAY



Encore Dance *MORNING CLUB* (Grades 1 – 5) Taught by Ms. Locksmith ** TEACHER LED CLUB ******

This is a co-ed program including 22 PYP and 22 MYP students. Students will have the opportunity to learn motor skills, rhythm and movement, dance fundamentals and stage presence. The program also promotes self-esteem. Gymnastics, ballet, and Broadway style will be included. To register: Click on the Run Club link on the clubs section of the PTSA web site, or see the front office for form and registration information. Fee is \$55 for 10 weeks. ***This is a morning club 7:15-8:15 AM on Thursdays.***



Rookie Chess Club – Younger Students (Grades K – 2) with Chess Coach Arthur Alton

The Rookies Chess club offers younger students the chance to have fun playing chess with friends while also increasing their critical thinking capabilities. All skill levels are welcome even if you have never played chess before! Sessions will include basic chess strategy training. Chess is gymnastics for the students' brain! Fee is \$110. For more information visit: www.alton4chess.com.



Early Engineering/STEM Club (Grades 3 – 5) with Elvita Freeman of Early Engineering

Early engineering utilizes science and math concepts to solve engineering challenges. During the first session, students will be diving in to the world of air transportation. Students will design and build their own gliders, wright bats and hot air balloons. Prototypes will be sent home so they can share what they have learned. Future sessions this year will cover rockets and bridges. Cost is \$170.

FRIDAY



Fit Kids *MORNING Club* - (Grades 1-6) with Chris Vincent of Fit Kids Tampa

FitKids is a physical activity program designed to build strength and confidence in a fun and supportive environment. The class will include obstacle courses, fitness games, track & field, and yoga. These activities are designed to pair fun with fitness. Taught by a certified personal trainer, participants can develop increased physical awareness, strength, agility, focus and consistency, and develop a foundation for a lifetime of exercise, with or without sports. This morning club will be tailored to give each student the well-known benefits of morning exercise (including increased focus & energy). Fee is \$119. ***This is a morning club 7:15-8:15 AM on Fridays.***

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Soccer (Grades K – 3) with Soccer Shots of Tampa Bay

Soccer Shots is focused on skill building, fun, age-appropriate soccer curriculum each day. Soccer Shots is in over 80 schools and preschools in the Tampa Bay Area. With over 40 hours of training dedicated to coaches, Soccer Shots is well organized program dedicated to giving children the best soccer experience possible! More information can be found at <http://www.soccershots.org/> Fee is \$125.



Photography Club (Grades 1 – 5) with Shutterbug/Digi-Digi Goo Children's Photography

Students get to express themselves through photography, and not only learn the basics about using a camera, but also about famous photographers, such as, Ansel Adams, Ann Geddes, and William Wegman. They will learn about composition, the rule of thirds and other important factors in taking a good photograph. Students build a portfolio and have an off-site student show. Digital Camera & Blank SD Card will be provided if you do not have one. Fee is \$120. More information can be found at www.shutterbugacademy.com

Club information, registration and forms can be found on the website at:

<http://rolandparkptsa.org>

We look forward to having your child participate in the Roland Park PTSA after school enrichment clubs!

Contact vpafterschool@rolandparkptsa.org with any questions.